

## Forsyth Senior Center Menu June 2020



	Monday	Tuesday	Wednesday	Thursday	Friday	
Chicken Ala King over Rice Stir Fry Veggies Fruit Cocktail Cake		Sausage & Gravy Carrots/Peas Apple Crisp Biscuits	Tomato Soup Ham Salad Sandwiches Relish Tray Pineapple Cake	4 COOK'S CHOICE	Polish Dogs & Sauerkraut Potatoes Green Beans Watermelon	
8	Chicken Mac Salad Pea/Cheese Salad Carrot Raisin Salad Fruit	Burger on Bun Tator Tots 3 Bean Salad Fruit	Chicken Noodle Soup Egg Salad Sandwiches Relish Tray Fruited Jell-O	Beef Pot Pie Green Salad Fruit Salad	Tuna Casserole Mixed Veggies Tossed Salad Fruit	
15	COOK'S CHOICE	TACO TUESDAY	Potato Soup Beef Sandwiches Green Salad Cherry Dump Cake	Breakfast Casserole Green Salad Fresh Fruit Mixed Veggies Muffins	Baked Ham Potato Salad Carrot-Raisin Salad Pistachio Salad Cake	
22	Porcupine Meatballs Rice Stir Fry Veggies Pineapple Cake	Baked Beans Polish Dogs Tossed Salad Fresh Fruit	Veggie Beef Soup Corn Bread Apple Crisp	Scalloped Chicken Sweet Potato Salad Fruit Salad Peas	Spaghetti Coleslaw Green Beans Fruit	
29	Pulled Pork on Bun Potato Salad Copper Penny Salad Green Beans Apple Slices	Beef Enchiladas Green Salad Rice Mixed Fruit	Goulash Coleslaw Corn Pear Crisp	2 COOK'S CHOICE	Baked Tilapia Pasta Salad Mixed Veggies Lemon Pudding Fruit	

PLEASE CALL BY 9:30 346-2878

SUGGESTED DONATION FOR SENIORS \$4.00 PRICE FOR NON-SENIORS \$7.00 ALL MEALS ARE SERVED WITH WATER, COFFEE, TEA, JUICE, AND 2% MILK

ALL MEALS ARE SUBJECT TO CHANGE